



**STEIRAMAN**

# RACEBOOK 2019

**ENGLISH**



**STYRIAN X-TREME TRIATHLON**

# Steiraman - Styrian X-treme Triathlon

## Racebook 2019

Version 2, 06.02.2019 Racebook

We, the EvenDZ company, are highly motivated and passionate about organizing unique sporting events such as the Steiraman - Styrian X-treme Triathlon.

Triathlon is much more than just swimming, biking and running or even the pure pursuit of new personal bests. Triathlon is the perfect mix of emotion, passion and adventure! **Thats the Steiraman!**

This racebook gives a preliminary information about the Steiraman - Styrian X-treme triathlon. We therefore ask you to read the racebook carefully. Should any questions arise please contact us under [office@evendz.at](mailto:office@evendz.at). Content changes reserved.

### **Organizer**

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EvenDZ Sporteventagentur  
Teuffenbachstraße 41  
8750 Judenburg  
Austria  
+43 (0) 664 / 63 26 430  
[office@evendz.at](mailto:office@evendz.at)  
[www.evendz.at](http://www.evendz.at)

### **Date**

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Sunday, 22.09.2019

## **Registration**

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<http://www.pentek-timing.at>

Registration opens on 08.12.2018 at 08:00

## **Timetable**

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### **Saturday, 21.09.2019**

12:00-17:00 Uhr	Starting number	
12:30-17:30 Uhr	Set up transition zone bike/run	Schmelz
18:00 Uhr	Race-briefing	

### **Sunday, 22.09.2019**

06.00-07:30 Uhr	Set up transition zone swim/bike	Grüne Lagune
08:00 Uhr	Start Steiraman 2019	
08:30 Uhr	Target circuit swim	
11:30 Uhr	Target circuit bike	
11:00 Uhr	First Finisher	Winterleitenhütte
12:30 Uhr	Flower Ceremony	Winterleitenhütte
15:30 Uhr	Target circuit run	
17:30 Uhr	Last Check out transition zone bike/run	Schmelz
18:30 Uhr	Presentation ceremony und After Race Party	

## **Starting place contingent**

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175 starting positions

The allocation of the starting places follows the principle "First Come - First Serve"! When the subscriber quota is reached, the registration will be closed automatically.

There is no waiting list.

Any starting positions still available after 08.09.2019 will be awarded at the discretion of the organizer.

In addition, the organizer has the right to deny participants.

The transfer of the starting place to another athlete is not possible.

## **Conditions of participation and reglement**

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Participation in the Steiraman 2019 is possible from the age of 18 years.

The Steiraman is an extreme challenge for the body and mind. Each participant is responsible for starting only in optimal health and training condition. The organizer recommends undergoing an appropriate sports medical examination before starting.

At the Steiraman, there are no fixed referees along the way. The control of the participant field is mobile.

The organizer appeals to its participants to treat the other athletes fairly, responsibly and rationally. In the event of an emergency, each participant is obliged to help the affected athlete.

In case of force majeure, the organizer has the right to change the course or cancel the event if necessary.

The organizer assumes no liability for accidents, damage and theft.

If deviations occur between the different language versions of the racebooks, the version in the German language is valid.

Each participant must sign a disclaimer in the course of the bib pickup.

The participant agrees that in connection with his participation in the event taken photos, filming and interviews in radio, television, advertising, print media, books, as well as any photographic duplication without any right to compensation in terms of time, space, subject matter and content may be distributed and published.

## **Entry fee**

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The entry fee for the Steiraman Styrian X-treme Triathlon 2019 is divided into three levels:

	<b>Single</b>	<b>Relay</b>
08.12. until 31.12.2018	€ 149,00	€ 169,00
01.05. until 08.09.2019	€ 159,00	€ 179,00

A refund of an already paid entry fee is not possible. It is advisable to take out a corresponding nominal money insurance.

## **Services of organizer**

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- Competition Organization
- Route marking and security
- Starting documents (participant information, start number, pieces of clothing bags, adhesive set for helmet, bike and clothes bags)
- Swim Cap
- Starter bag with goodies from our sponsors
- professional timekeeping
- Photo service including printed souvenir photo
- Original Steiraman Finisher Shirt at After Race Party
- Steiraman finisher souvenir present at After Race Party
- Competition catering (refreshment station in the transition zone Bike / Run and finishing area)
- After Race Party

## **The routs**

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### **Swim (1 km)**

Swim is in the Green Lagoon in the municipality of St. Margarethen near Knittelfeld. The water quality is classification 1.

**Cut-off time at the swim competition is at 8:30 am.** All those who have not finished the swimming competition by this time must be taken out of the race for organizational reasons without exception.

When the race is canceled by the participant, the next marshal must be informed immediately or by phone on **+43 664 63 26 430**.

During the swimming competition, the bathing cap issued by the organizer must be worn. The use of fins, paddles and swimming aids of all kinds is prohibited.

Wearing neoprene suits is allowed.

For participants who depart from the prescribed route, regardless of the reason, no adjustments are made to the results.

### **Bike (42 km)**

The cycling competition leads from the Green Lagoon in the municipality of St. Margarethen near Knittelfeld over the Rachau to Gobernitz. Then it goes over Apfelberg, Großlobming and Weißkirchen in the direction of Judenburg.

From Judenburg, the tour ends in the direction of Tüpl Seetaler Alpe. On "the enamel" is the second transition zone.

If the participant is in possession of the bike, the helmet must always be safely on the head with the chin strap closed, d. H. from the moment the competitor lifts his / her bike from the bike stand at the start of the race to the time the competitor places his / her bike in the bike stand at the end of the competition.

The bike course is not locked! On the entire bike course is the Austrian Highway Code <https://www.bmvit.gv.at/verkehr/street/right/stvo/index.html>!

Dangers are on public roads. Each participant is responsible for compliance with the legislation. The organizer expressly points out that there is road damage along the route. Please be careful and appropriately adapted driving style.

Attention at house entrances and exits. Should this be required by traffic lights or traffic signs, participants in the competition must come to a complete standstill.

Items such as water bottles, gel and bar wrappers, broken bicycle parts and clothing may only be disposed of in designated disposable zones. Discarding items outside the disposable zones is prohibited.

**Cut-off time at the competition is at 11:30 am** - all those who have not finished the competition until then have to be taken out of the race for organizational reasons. When the race is canceled by the participant, the next marshal must be informed immediately or by phone on **+43 664 63 26 430**.

All electrical drives or supports on competition bikes are prohibited and will immediately lead to disqualification.

Wind shadow driving is prohibited.

### **Trailrun (12 km)**

The transition zone Bike / Run is on "the Schmelz".

From there it goes over the "Sterngassl" to the Winterleiten hut. From there it goes over the large Winterleiten lake up to the "Schreibersteig" (attention - here there are several dangerous passages which require special care of the runners)! The route then leads via the radar station to the Kreiskogel and from there back to the Winterleiten hut to the finish of the Steiraman 2019.

**The finish is at 15:30 pm.** Anyone who does not reach the finish line by this time must be eliminated for organizational reasons without exception.

When the race is canceled by the participant, the next marshal must be informed immediately or by phone on **+43 664 63 26 430**.

The use of sticks is permitted. During the entire competition, the instructions of the race director, the marshals and the regulatory bodies must be followed.

Throughout the race wearing headphones and headsets is prohibited.

Items such as water bottles, gel and bar wrappers and clothing may only be disposed of in designated disposable zones. Discarding items outside the disposable zones is prohibited.

## **Support**

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Along the bike path the support of the athletes is restricted.

It is strictly forbidden to drive directly in front of or behind an athlete with a car or other motorized means of transport. Any obstruction or obstruction of other athletes is prohibited.

Along the route there are plenty of parking and holding facilities. It applies along the entire route, the Austrian Highway Code.

Support is allowed on the running track, but not allowed to accompany the athletes.

## **Medical care**

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The medical care team is always authorized to exclude an athlete from continuing the race for medical reasons. A continuation of the race at the athlete's own responsibility is prohibited.

## **Rules of conduct in the transition zones**

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The equipment of each participant must be positioned in the exchange bags at the corresponding marked position. Other participants may not be hindered in any way in the transition zones.

The entry and exit of the transition zone is clearly marked by visible markings.

Climbing the wheels in front of the visible marking is prohibited. A descent to the visible mark is prohibited.

For objects, which are delivered in the transition zone, the organizer assumes no liability.

## **Behavioral rules in the target area**

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Every participant should enjoy his / her finish to the fullest and this also celebrate with family, friends or team members. Again, we count on the fairness to all other participants, not to hinder them and a respectful interaction with each other.

## **Flower Ceremony**

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The Flower Ceremony takes place directly at the finish on the Winterleiten hut, shortly after the first three men and women have reached their destination.

## **Presentation ceremony und After Race Party**

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All athletes will be invited to the After Race Party and award ceremony at 6:30 pm in Oberweger Stadl (Eigler Siedlung 4, 8750 Judenburg). As part of the After Race Party, the finisher shirts and the finisher remembrance gifts will be issued. Then the finisher photo will be taken.

A change of the locality is possible.

## **Rating classes**

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Steiraman 2019 uses the following rating classes.

Steiraman AK1 years 1990 to 2001 male / female  
Steiraman AK2 years 1980 to 1989 male / female  
Steiraman AK3 years 1970 to 1979 male / female  
Steiraman AK4 years 1960 to 1969 male / female  
Steiraman AK5 born 1959 and older male / female

Steiraman season male / female / mixed

## **Purse**

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No prize money will be paid.

## **Steiraman Relay**

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A season consists of three people.

The transfer of the timing chip takes place in a marked area in the area of the transition zone.

The sum of the times of the three athletes gives the total time of the season.

## **Arrival and accommodation**

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Accommodation, food, travel and other things have to be organized and financially supported by each participant.

Further information can be found at [www.steiraman.at](http://www.steiraman.at).

## **Clean sport**

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By participating, the athlete agrees to comply with the Anti-Doping Regulations of the Anti-Doping Federal Law 2007 and the relevant regulations of the relevant national and international sports federation (in the statutes, sports regulations, competition regulations).

Athletes are persons who are members or licensees of a sports organization or its affiliated organizations, or at the time of a potential anti-doping rule violation, or in competitions organized by a sports organization or its affiliated organization or federal Sports funds are eligible to participate.

The organizers and organizers strictly reject doping. As a participant, you affirm that you have not taken or will not take any prohibited substances or prohibited methods for doping purposes. Information on whether a drug or a treatment method is prohibited, can be found here:

<https://www.nada.at/de/medizin/medikamentenabfrage>

This service of the National Anti-Doping Agency (NADA Austria) is also available as "MedApp" for Android and IOS.

If the participating athlete has been taken illicit or has been using prohibited methods following a medical or dental diagnosis, it is strongly recommended to retain all medical certificates and findings for any retroactive medical exemption. More information can be found here:

<https://www.nada.at/de/medizin/krankheit-oder-verletzung>

emotion - passion - adventure



An event of EvenDZ Sporteventagentur

